

BRIGHTEN SOMEONE'S DAY ONLINE

Tiny actions can have a huge impact. Here are our suggestions for making someone smile online!

VIDEO CALL A RELATIVE

SHARE UPBEAT PLAYLISTS

SHARE A FUNNY POST

SHARE THROWBACK PHOTOS

BE KIND IN THE COMMENTS

PLAY GAMES WITH MATES

SEND HAPPY VOICE NOTES

SEND A KIND MESSAGE

Share posts FROM YOUR FAVOURITE CHARITIES

Share GOOD NEWS

COMIC RELIEF

RED NOSE DAY

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